OPS LOWER CAMPUS <u>HOT</u> LUNCH MENU FOR SEPTEMBER, 2022

| | | FOR SEPTEMBER, 2022 | | |
|---|---|---|---|---|
| | | | THURSDAY | FRIDAY |
| | | | 9-1 | 9-2 |
| | | | CHICKEN STRIPS | PAPA JOHN'S CHEESE PIZZA |
| | | | FRENCH FRIES | POTATO CHIPS |
| | | | CARROTS w/ RANCH DRESSING | FRESH FRUIT |
| | | | FRESH FRUIT | (choice of apple, orange or banana) |
| | | | (choice of apple, orange or banana) | CHOCOLATE CHIP COOKIE |
| | | | MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 9-5 | 9-6 | 9-7 | 9-8 | 9-9 |
| | CHICKEN NUGGETS | HOT HAM & CHEESE SUB SANDWICH | MINI CORN DOGS | PAPA JOHN'S CHEESE PIZZA |
| | TATER TOTS | POTATO CHIPS | HASH BROWN | POTATO CHIPS |
| | CORN | DILL PICKLE SPEAR | CARROTS w/ RANCH DRESSING | FRESH FRUIT |
| LABOR DAY HOLIDAY | FRESH FRUIT (choice of apple, orange | CHOCOLATE PEANUT | FRESH FRUIT | (choice of apple, orange or banana) |
| | or banana) MILK, APPLE JUICE, | BUTTER BAR MILK, APPLE JUICE, | (choice of apple, orange or banana) | CHOCOLATE CHIP COOKIE |
| | LEMONADE OR WATER | LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 9-12 | 9-13 | 9-14 | 9-15 | 9-16 |
| CHICKEN NUGGETS | PIZZA ROLLS | HAMBURGER ON A BUN | CHICKEN STRIPS | PAPA JOHN'S CHEESE PIZZA |
| TATER TOTS | FRENCH FRIES | POTATO CHIPS | FRENCH FRIES | POTATO CHIPS |
| CORN | SALAD w/ RANCH or HONEY MUSTARD | SLICE OF AMERICAN CHEESE | CARROTS w/ RANCH DRESSING | FRESH FRUIT |
| FRUIT SNACK | FRESH FRUIT | FRESH FRUIT | FRESH FRUIT | (choice of apple, orange or banana) |
| MILK, APPLE JUICE, LEMONADE OR WATER | (choice of apple, orange or banana) | (choice of apple, orange or banana) | (choice of apple, orange or banana) | CHOCOLATE CHIP |
| | MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER | COOKIE MILK, APPLE JUICE, |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | LEMONADE OR WATER FRIDAY |
| 9-19 | 9-20 | 9-21 | 9-22 | 9-23 |
| CHICKEN NUGGETS | MINI CORN DOGS | HOT HAM & CHEESE | BREADED CHICKEN | PAPA JOHN'S |
| TATER TOTS | FRENCH FRIES | SUB SANDWICH | SANDWICH | CHEESE PIZZA |
| CORN | GREEN BEANS | POTATO CHIPS | HASH BROWN | POTATO CHIPS |
| FRESH FRUIT | FRESH FRUIT | DILL PICKLE SPEAR | GREEN BEANS | FRESH FRUIT (choice of apple, |
| (choice of apple, orange or banana) | (choice of apple, orange or banana) | CHOCOLATE PEANUT BUTTER BAR | FRUIT SNACK | orange or banana) |
| MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, | MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER | CHOCOLATE CHIP COOKIE |
| | LEMONADE OR WATER | | | MILK, APPLE JUICE, LEMONADE OR WATER |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 9-26 | 9-27 | 9-28 | 9-29 | 9-30 |
| CHICKEN NUGGETS | PIZZA ROLLS | HAMBURGER ON A BUN | WALKING TACO – TACO MEAT, CHEESE & | PAPA JOHN'S CHEESE PIZZA |
| TATER TOTS | FRENCH FRIES | POTATO CHIPS SLICE OF AMERICAN | DORITO'S IN A BAG | POTATO CHIPS |
| GREEN BEANS FRESH FRUIT | SALAD w/ RANCH or HONEY MUSTARD | CHEESE | SALAD w/ RANCH or HONEY MUSTARD | FRESH FRUIT (choice of apple, |
| (choice of apple, orange | FRESH FRUIT | FRESH FRUIT | CORN | (choice of apple, orange or banana) |
| or banana) | (choice of apple, orange or banana) | (choice of apple, orange or banana) | FRESH FRUIT | CHOCOLATE CHIP |
| MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, | MILK, APPLE JUICE, | MILK, APPLE JUICE, | COOKIE |
| ***MENU SUBJECT TO CHANGE DUE TO AV | LEMONADE OR WATER | LEMONADE OR WATER | LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER |

***MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

***MAKE CHECKS PAYABLE TO THE LUNCH ROOM - \$4.00 PER MEAL (INCLUDES TAX)

***BAG LUNCH AVAILABLE DAILY - \$4.00 (HAM, TURKEY, PBJ OR BOLOGNA -INCLUDES SANDWICH, COOKIE, DRINK AND CHOICE OF CHIPS OR FRUIT

*** CHEF SALAD OR GRILLED CHICKEN SALAD AVAILABLE DAILY - \$4.00 INCLUDES DRINK

(SALAD DRESSING CHOICES ARE RANCH, HONEY MUSTARD, ITALIAN, FAT-FREE ITALIAN, THOUSAND ISLAND, CAESAR AND FRENCH)

*** GRAB & GO LUNCH AVAILABLE DAILY - \$4.00 INCLUDES YOGURT, CHEESE STICK, FRUIT, CARROTS w/ RANCH, GOLDFISH CRACKERS & DRINK

***LOADED BAKED POTATO AVAILABLE DAILY - \$4.00 INCLUDES DRINK AND NUTTY BUDDY BAR WITH ANY OR ALL OF THE FOLLOWING: BUTTER, SOUR CREAM, CHEDDAR CHEESE, BACON BITS

*MILK CHOICES ARE 2% WHITE MILK OR 1% CHOCOLATE MILK