

**OPS LOWER CAMPUS HOT LUNCH MENU  
FOR SEPTEMBER, 2022**

			<b>THURSDAY</b>	<b>FRIDAY</b>
			<b>9-1</b>	<b>9-2</b>
			<b>CHICKEN STRIPS</b>  <b>FRENCH FRIES</b>  <b>CARROTS w/ RANCH DRESSING</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PAPA JOHN'S CHEESE PIZZA</b>  <b>POTATO CHIPS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>CHOCOLATE CHIP COOKIE</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>9-5</b>	<b>9-6</b>	<b>9-7</b>	<b>9-8</b>	<b>9-9</b>
<b>LABOR DAY HOLIDAY</b>	<b>CHICKEN NUGGETS</b>  <b>TATER TOTS</b>  <b>CORN</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>HOT HAM &amp; CHEESE SUB SANDWICH</b>  <b>POTATO CHIPS</b>  <b>DILL PICKLE SPEAR</b>  <b>CHOCOLATE PEANUT BUTTER BAR</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>MINI CORN DOGS</b>  <b>HASH BROWN</b>  <b>CARROTS w/ RANCH DRESSING</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PAPA JOHN'S CHEESE PIZZA</b>  <b>POTATO CHIPS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>CHOCOLATE CHIP COOKIE</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>9-12</b>	<b>9-13</b>	<b>9-14</b>	<b>9-15</b>	<b>9-16</b>
<b>CHICKEN NUGGETS</b>  <b>TATER TOTS</b>  <b>CORN</b>  <b>FRUIT SNACK</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PIZZA ROLLS</b>  <b>FRENCH FRIES</b>  <b>SALAD w/ RANCH or HONEY MUSTARD</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>HAMBURGER ON A BUN</b>  <b>POTATO CHIPS</b>  <b>SLICE OF AMERICAN CHEESE</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>CHICKEN STRIPS</b>  <b>FRENCH FRIES</b>  <b>CARROTS w/ RANCH DRESSING</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PAPA JOHN'S CHEESE PIZZA</b>  <b>POTATO CHIPS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>CHOCOLATE CHIP COOKIE</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>9-19</b>	<b>9-20</b>	<b>9-21</b>	<b>9-22</b>	<b>9-23</b>
<b>CHICKEN NUGGETS</b>  <b>TATER TOTS</b>  <b>CORN</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>MINI CORN DOGS</b>  <b>FRENCH FRIES</b>  <b>GREEN BEANS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>HOT HAM &amp; CHEESE SUB SANDWICH</b>  <b>POTATO CHIPS</b>  <b>DILL PICKLE SPEAR</b>  <b>CHOCOLATE PEANUT BUTTER BAR</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>BREADED CHICKEN SANDWICH</b>  <b>HASH BROWN</b>  <b>GREEN BEANS</b>  <b>FRUIT SNACK</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PAPA JOHN'S CHEESE PIZZA</b>  <b>POTATO CHIPS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>CHOCOLATE CHIP COOKIE</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>9-26</b>	<b>9-27</b>	<b>9-28</b>	<b>9-29</b>	<b>9-30</b>
<b>CHICKEN NUGGETS</b>  <b>TATER TOTS</b>  <b>GREEN BEANS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PIZZA ROLLS</b>  <b>FRENCH FRIES</b>  <b>SALAD w/ RANCH or HONEY MUSTARD</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>HAMBURGER ON A BUN</b>  <b>POTATO CHIPS</b>  <b>SLICE OF AMERICAN CHEESE</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>WALKING TACO – TACO MEAT, CHEESE &amp; DORITO'S IN A BAG</b>  <b>SALAD w/ RANCH or HONEY MUSTARD</b>  <b>CORN</b>  <b>FRESH FRUIT</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>	<b>PAPA JOHN'S CHEESE PIZZA</b>  <b>POTATO CHIPS</b>  <b>FRESH FRUIT</b> (choice of apple, orange or banana)  <b>CHOCOLATE CHIP COOKIE</b>  <b>MILK, APPLE JUICE, LEMONADE OR WATER</b>

\*\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

\*\*\*MAKE CHECKS PAYABLE TO THE LUNCH ROOM - \$4.00 PER MEAL (INCLUDES TAX)

\*\*\*BAG LUNCH AVAILABLE DAILY - \$4.00 (HAM, TURKEY, PBJ OR BOLOGNA –INCLUDES SANDWICH, COOKIE, DRINK AND CHOICE OF CHIPS OR FRUIT)

\*\*\*CHEF SALAD OR GRILLED CHICKEN SALAD AVAILABLE DAILY - \$4.00 INCLUDES DRINK

(SALAD DRESSING CHOICES ARE RANCH, HONEY MUSTARD, ITALIAN, FAT-FREE ITALIAN, THOUSAND ISLAND, CAESAR AND FRENCH)

\*\*\*GRAB & GO LUNCH AVAILABLE DAILY - \$4.00 INCLUDES YOGURT, CHEESE STICK, FRUIT, CARROTS w/ RANCH, GOLDFISH CRACKERS & DRINK

\*\*\*LOADED BAKED POTATO AVAILABLE DAILY - \$4.00 INCLUDES DRINK AND NUTTY BUDDY BAR WITH ANY OR ALL OF THE FOLLOWING: BUTTER, SOUR CREAM, CHEDDAR CHEESE, BACON BITS

\*MILK CHOICES ARE 2% WHITE MILK OR 1% CHOCOLATE MILK