OPS LOWER CAMPUS <u>HOT</u> LUNCH MENU FOR J<u>ANUARY</u>, 2023

| FOR JANUARY, 2023 | | | | |
|---|---|--------------------|---------------------|--------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1-2 | 1-3 | 1-4 | 1-5 | 1-6 |
| | CHICKEN NUGGETS | HAMBURGER ON A BUN | MINI CORN DOGS | PAPA JOHN'S |
| | | | | CHEESE PIZZA |
| | FRENCH FRIES | POTATO CHIPS | HASH BROWN | |
| | | | | POTATO CHIPS |
| NO SCHOOL - | CARROTS | SLICE OF AMERICAN | GREEN BEANS | |
| CHRISTMAS HOLIDAY | w/ RANCH DRESSING | CHEESE | EDECH EDUTE | FRESH FRUIT |
| | FRUIT SNACK | FRESH FRUIT | FRESH FRUIT | CHOCOLATE CHIP |
| | FRUIT SNACK | FRESH FRUIT | MILK, APPLE JUICE, | COOKIE |
| | MILK, APPLE JUICE, | MILK, APPLE JUICE, | LEMONADE OR WATER | COOKIL |
| | LEMONADE OR WATER | LEMONADE OR WATER | ELHONADE OR WATER | MILK, APPLE JUICE, |
| | LEMONADE ON WATER | ELITORADE OR WATER | | LEMONADE OR WATER |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1-9 | 1-10 | 1-11 | 1-12 | 1-13 |
| CHICKEN NUGGETS | PIZZA ROLLS | HOT HAM & CHEESE | BREADED CHICKEN | PAPA JOHN'S |
| CHICKEN NOGGETS | I IZZA KOZZO | SUB SANDWICH | SANDWICH | CHEESE PIZZA |
| TATER TOTS | FRENCH FRIES | SOD SANDWICH | SANDIVICII | CHEESETTEEA |
| | | POTATO CHIPS | HASH BROWN | POTATO CHIPS |
| CARROTS | SALAD w/ RANCH OR | | | |
| w/ RANCH DRESSING | HONEY MUSTARD | DILL PICKLE SPEAR | GREEN BEANS | FRESH FRUIT |
| | | _ | | |
| FRESH FRUIT | FRESH FRUIT | CHOCOLATE PEANUT | FRESH FRUIT | CHOCOLATE CHIP |
| | | BUTTER BAR | | COOKIE |
| MILK, APPLE JUICE, | MILK, APPLE JUICE, | | MILK, APPLE JUICE, | |
| LEMONADE OR WATER | LEMONADE OR WATER | MILK, APPLE JUICE, | LEMONADE OR WATER | MILK, APPLE JUICE, |
| | | LEMONADE OR WATER | | LEMONADE OR WATER |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1-16 | 1-17 | 1-18 | 1-19 | 1-20 |
| | CHICKEN NUGGETS | HAMBURGER ON A BUN | CHICKEN STRIPS | PAPA JOHN'S |
| | | | | CHEESE PIZZA |
| | FRENCH FRIES | POTATO CHIPS | TATER TOTS | |
| | | | | POTATO CHIPS |
| NO SCHOOL - | CARROTS | SLICE OF AMERICAN | CORN | EDECH EDUXE |
| MARTIN LUTHER KING | w/ RANCH DRESSING | CHEESE | EDECH EDUTE | FRESH FRUIT |
| HOLIDAY | FRESH FRUIT | FRESH FRUIT | FRESH FRUIT | CHOCOLATE CHIP |
| | FRESH FRUIT | FRESH FRUIT | MILK, APPLE JUICE, | COOKIE |
| | MILK, APPLE JUICE, | MILK, APPLE JUICE, | LEMONADE OR WATER | COOKIL |
| | LEMONADE OR WATER | LEMONADE OR WATER | ELHONADE OR WATER | MILK, APPLE JUICE, |
| | LEMONADE OR WATER | ELMONADE ON WATER | | LEMONADE OR WATER |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1-23 | 1-24 | 1-25 | 1-26 | 1-27 |
| CHICKEN NUGGETS | PIZZA ROLLS | HOT HAM & CHEESE | WALKING TACO – | PAPA JOHN'S |
| C. IZCREIT HOUGE IS | . LLLA NOLLO | SUB SANDWICH | TACO MEAT, CHEESE & | CHEESE PIZZA |
| TATER TOTS | FRENCH FRIES | | DORITO'S IN A BAG | 3 |
| | | POTATO CHIPS | | POTATO CHIPS |
| CARROTS | SALAD w/ RANCH OR | | CORN | |
| w/ RANCH DRESSING | HONEY MUSTARD | DILL PICKLE SPEAR | | FRESH FRUIT |
| | | | LETTUCE & SALSA | |
| FRESH FRUIT | FRESH FRUIT | CHOCOLATE PEANUT | (optional) | CHOCOLATE CHIP |
| | | BUTTER BAR | | COOKIE |
| MILK, APPLE JUICE, | MILK, APPLE JUICE, | | FRUIT SNACK | |
| LEMONADE OR WATER | LEMONADE OR WATER | MILK, APPLE JUICE, | | MILK, APPLE JUICE, |
| | | LEMONADE OR WATER | MILK, APPLE JUICE, | LEMONADE OR WATER |
| | | | LEMONADE OR WATER | <u> </u> |
| MONDAY | TUESDAY | 1 | | |
| 1-30 | 1-31 | | | |
| CHICKEN NUGGETS | MINI CORN DOGS | | | |
| FRENCH FRIES | HASH BROWN | | | |
| | | | | |
| CARROTS | GREEN BEANS | | | |
| w/ RANCH DRESSING | | | | |
| | FRESH FRUIT | | | |
| FRESH FRUIT | 1 | | | |
| | MTI I/ APRI = | | | |
| MATERIA ADDI T TITLET | MILK, APPLE JUICE, | | | |
| MILK, APPLE JUICE, LEMONADE OR WATER | MILK, APPLE JUICE, LEMONADE OR WATER | | | |

^{***}MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

(SALAD DRESSING CHOICES ARE RANCH, HONEY MUSTARD, ITALIAN, FAT-FREE ITALIAN, THOUSAND ISLAND, CAESAR AND FRENCH)

- ***GRAB & GO LUNCH AVAILABLE DAILY \$4.00 INCLUDES YOGURT, CHEESE STICK, FRUIT, CARROTS w/ RANCH, GOLDFISH CRACKERS & DRINK
- ***LOADED BAKED POTATO AVAILABLE DAILY \$4.00 INCLUDES DRINK AND NUTTY BUDDY BAR WITH ANY OR ALL OF THE FOLLOWING: BUTTER,

SOUR CREAM, CHEDDAR CHEESE, BACON BITS

^{***}MAKE CHECKS PAYABLE TO THE LUNCH ROOM - \$4.00 PER MEAL (INCLUDES TAX)

^{***}BAG LUNCH AVAILABLE DAILY - \$4.00 (HAM, TURKEY, PBJ OR BOLOGNA –INCLUDES SANDWICH, COOKIE, DRINK AND CHOICE OF CHIPS OR FRUIT

^{***}CHEF SALAD OR GRILLED CHICKEN SALAD AVAILABLE DAILY - \$4.00 INCLUDES DRINK

^{*}MILK CHOICES ARE 2% WHITE MILK OR 1% CHOCOLATE MILK