

Take advantage of these opportunities to get better. Please touch base with Coach Jan to let her know you are attending. We expect all varsity and J.V. girls to attend. Checks for \$60 need to be turned in to Coach Jan by April 20, 2023.

GIRLS BASKETBALL SUMMER WORKOUTS

OPEN gym for any girls interested in playing basketball this upcoming year.

May 30th
June 6th, 13th, 20th, 27th, 28th

6 - 12

5:00 – 7:00 p.m.
Upper Campus Gym

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One Heartbeat Camp with Tommy Brown, June 1st

1:00 p.m. - 5:30 p.m.
Open to rising 9th - 12th

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June 19th

Play day @ Cathedral
Rising 9th - 12th

Leave: 8:00 a.m.
Return: 5:00 p.m.

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Summer League (Rising 10th and up) @ Heathwood

Two games per night June 7, 21, & 28 (Wednesdays)

We expect all Varsity age players to attend.

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Shot Doctor Camp June 23th (Friday) 9:00 a.m. - 4:00 p.m.

Open to anyone who is on B-Team, JV or Varsity this year (2022-2023)

Cost: \$60 per player

Checks made payable to OPS

*Sign up with Coach Jan

Questions: Call Coach Jan @ 803-707-1357