

# February Track Practice 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 No Practice Bowling Team Championship	5 Upper Campus Weight Room 3:15 - 4:30	6 Upper Campus Weight Room 3:15 - 4:30	7 Upper Campus Weight Room 3:15 - 4:30	8	9
10	11 No Practice Bowling Individual Championship	12 No Practice Region Basketball Championships	13 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	14 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	15 No School	16
17	18 No School	19 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	20 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	21 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	22 Full Team Practice 3:15-4:30	23
24	25 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	26 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	27 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30	28 Middle School 3:15 - 4:30 Varsity 4:00 - 5:30		

Starting February 13<sup>th</sup> All practices will be at the track. If there is inclement weather then practice will be at the upper campus gym from 3:15-4:30